The Road Trip/Vandwelling/SUV Camping/ Overlanding/Travel Journal

This printable journal was created out of my desire to keep better track of my on-the-road adventures. Print the necessary quantities of the pages you need, punch holes in them, and stick them in a three-ring binder. Take the binder with you on your trips and jot down the relevant information as desired.

After each page in the journal is an example page to help you better understand what each field is for. These pages do not need to be printed.

In addition to the pages here, I also recommend printing a single-page year-at-a-glance calendar from http://print-a-calendar.com/calendar.

Have fun!
Tristan from SUVRVing.com



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Night(s) #	Campsite Name
Date(s) Camped	
Campsite Location	
Campsite Coordinates	
Campsite Quality	
Ease of Access	
How You Found the Campsite	
Cellular Reception/Wi-Fi	
Comments	
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Date(s) Camped	
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How You Found the Campsite	
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Comments	
Night(s) #	Campsite Name
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Campsite Quality	
Ease of Access	
How You Found the Campsite	
Cellular Reception/Wi-Fi	
Comments	

Night(s) # 8 Campsite Name Sheep Bridge Road
Date(s) Camped 1/6/17
Campsite Location Just west of Virgin, utah. Not far from Zion.
Campsite Coordinates 37.192612, -113.220370
Campsite Quality Great. Really nice views.
Ease of Access Pretty good dirt road, but wet and muddy right now.
How You Found the Campsite FreeCampsites.net
Cellular Reception/Wi-Fi Great ATT, bad Verizon
Comments No one else is camped here. Awesome.
Night(s) # 9-10 Campsite Name Gold Butte Peak
Date(s) Camped 1/7 to 1/9
Campsite Location West side of Gold Butte Peak in Gold Butte National Monument
Campsite Coordinates 36.27525, -114.20040
Campsite Quality Awesome
Ease of Access Not easy! Long drive on rough dirt road. High clearance preferred.
How You Found the Campsite Drove around until 1 found a place 1 liked.
Cellular Reception/Wi-Fi Absolutely none
Comments Super cool little spot in a natural rock alcove. Great views of Gold Butte Peak.
Night(s) # Campsite Name
Date(s) Camped
Campsite Location
Campsite Coordinates
Campsite Quality
Ease of Access
How You Found the Campsite
Cellular Reception/Wi-Fi
Comments

Hike Name		#
Date	Distance	
Quality	Difficulty	
Route/Trails	•	
Area/Location		
State/Province, Country		
Time of Day	Duration	
Companions		
Crowds		
Weather/Conditions		
Notable Flora/Fauna		
Notes		
Hike Name		#
Hike Name Date	Distance	
D-1-	Distance Difficulty	
Date		
Date Quality		
Date Quality		
Date Quality Route/Trails		
Date Quality Route/Trails Area/Location		
Date Quality Route/Trails Area/Location State/Province, Country	Difficulty	
Date Quality Route/Trails Area/Location State/Province, Country Time of Day	Difficulty	
Date Quality Route/Trails Area/Location State/Province, Country Time of Day Companions	Difficulty Duration	
Date Quality Route/Trails Area/Location State/Province, Country Time of Day Companions Crowds	Difficulty Duration	
Date Quality Route/Trails Area/Location State/Province, Country Time of Day Companions Crowds Weather/Conditions	Difficulty Duration	
Date Quality Route/Trails Area/Location State/Province, Country Time of Day Companions Crowds Weather/Conditions Notable Flora/Fauna	Difficulty Duration	

Date 1/8/1 7	Distance 3.5 miles
Quality Great	Difficulty Not bad
Route/Trails Went up left (eas	t?) side of the loop first
Area/Location Zion Nationa	l Park
State/Province, Country utah	, usa
Time of Day Morning	Duration 1 hour 40 minutes
Companions None	
Crowds Saw no one for most	t of the trail. Saw 4 people near the end.
Weather/Conditions Chilly. 1	Muddy trail. Sandy trail surface.
Notable Flora/Fauna チwíld t	urkeys, 2 bucks, 2 rabbits, birds
Notes Really enjoyed this on	e. Amazing views of the Three Patriarchs, the Red Sentin
and the Streaked Wall. Too	k mu tíme on thís híke.
	to the grant of the time times to
Hike Name <u>Moapa Peak</u>	# 6
Date 1/10/17	# 6
Date 1/10/17 Quality Amazing	# 6 Distance 12 miles
Date 1/10/17 Quality Amazing	# 6 Distance 12 miles Difficulty Difficult via the south. Had to hike in ~50 minutes and 2.5 miles
Date 1/10/17 Quality Amazing Route/Trails Standard route on the dirt road to the real tr	# 6 Distance 12 míles Difficulty Dífficult vía the south. Had to híke ín ~50 mínutes and 2.5 míles aílhead.
Date 1/10/17 Quality Amazing Route/Trails Standard route on the dirt road to the real tr	# 6 Distance 12 míles Difficulty Difficult Via the south. Had to híke in ~50 minutes and 2.5 míles ailhead. untains
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Date 1/10/17 Quality Amazing Route/Trails Standard route on the dirt road to the real tr Area/Location Mormon Mon State/Province, Country Nevad Time of Day All day Companions None Crowds Not another soul	# 6 Distance 12 míles Difficulty Difficult Via the south. Had to híke in ~50 minutes and 2.5 míles ailhead. untains da, USA
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Date 1/10/17 Quality Amazing Route/Trails Standard route on the dirt road to the real tr Area/Location Mormon Mou State/Province, Country Nevad Time of Day All day Companions None Crowds Not another soul Weather/Conditions Partly	# 6 Distance 12 miles Difficulty Difficult via the south. Had to hike in ~50 minutes and 2.5 miles ailhead. untains da, USA Duration 9 hours
Date 1/10/17 Quality Amazing Route/Trails Standard route on the dirt road to the real tr Area/Location Mormon Mor State/Province, Country Nevad Time of Day All day Companions None Crowds Not another soul Weather/Conditions Partly Notable Flora/Fauna No ani	# 6 Distance 12 miles Difficulty Difficult via the south. Had to hike in ~50 minutes and 2.5 miles ailhead. untains da, USA Duration 9 hours cloudy in the morning turned to sunny. Windy. Cool.

EXPENSE LOG

Date	Amount	Item(s)	Store	Location

EXPENSE LOG

Date	Amount	Item(s)	Store	Location
1/6/17	\$23.03	Gas: 10.06 gal @ \$2.289/gallon	Maverik	La Verkín, UT
	\$10.46	3 crunchy tacos, 2 cheesy burritos	Taco Bell	Hurricane, UT
	\$1.50	Self Serve car wash	Bob's Car Wash	Hurricane, UT
1/7/17	\$2.42	Multi-grain bagel w/cream cheese	Starbucks	St. George, UT
		Yogurt, apple, donut, avocados,	Walmart	St. George, UT
		string cheese, SD card		
	\$4.32	2 apple pies, large fries, water	McDonald's	Mesquite, NV

VEHICLE MAINTENANCE LOG

Date	Cost	Maintenance Performed	Location Performed

VEHICLE MAINTENANCE LOG

Date	Cost	Maintenance Performed	Location Performed
1/3/17	\$54.21	Oil change	Jiffy Lube (Ventura, CA)
1/7/17	\$516.98	Rear wheel bearing replaced	Smith's Garage (Anchorage, AK)
2/3/17	\$56.73	Tire rotation	Toyota Dealershíp (Reno, NV)
6/19/17	\$513.04	4 new tires	Discount Tire (Twin Falls, ID)

VEHICLE MILEAGE LOG

Date	Vehicle Mileage	Date	Vehicle Mileage

VEHICLE MILEAGE LOG

Date	Vehicle Mileage	Date	Vehicle Mileage
1/6/17	82,929		
1/7/17	83,331		
1/8/17	83,409		
1/9/17	83,434		
1/10/17	" (dídn't dríve)		
1/11/17/	83,612		
1/12/17	83,738		
1/13/17	83, 831		
1/14/17	83,915		
1/15/17	83,949		
1/16/17	84,099		
1/17/17	84,244		
1/18/17	84,288		
1/19/17	84,444		
1/20/17	84,515		
1/21/17	84,598		
1/22/17	84,628		
1/23/17	84,691		
1/24/17	84,762		
1/25/17	84,843		
1/26/17	84,8 7 8		
1/27/17	84,949		
1/28/17	85,023		
1/29/17	85,248		
1/30/17	<i>85,365</i>		
1/31/17	86,004		
2/1/17	86,073		
2/2/17	86,089		

JOURNAL

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FUEL EXPENSE LOG

Date	Total Amount	# of Gallons	Price/Gallon	Location

FUEL EXPENSE LOG

Date	Total Amount	# of Gallons	Price/Gallon	Location
1/10/17	\$20.72	8.636	\$2.399	St. George, UT
1/13/17	\$27.97	11.37	\$2.459	Overton, NV
1/17/17	\$21.23	10.312	\$2.059	Bullhead City, AZ
1/19/17	\$ 27.58	12.544	\$2.199	Yuma, AZ
1/22/17	\$30.49	12.202	\$2.499	Indo, CA
1/26/17	\$33.07	12.286	\$2.489	Yucca Valley, CA

TRIPS AT A GLANCE

Trip	Start Date	End Date	Trip Duration	Total Distance

TRIPS AT A GLANCE

Trip	Start Date	End Date	Trip Duration	Total Distance
Texas to Utah	5/28/15	6/14/15	16 days	2642 míles
Tetons and Yellowstone	7/21/15	7/26/15	6 days	721 míles
Tour de Arízona	1/4/16	2/3/16	31 days	3,217 míles
Antelope Island	3/27/16	3/28/16	2 days	74 míles

TO DO

TO DO

INTOWN	IN SAN FRANCISCO
• Wash car	• Ríde Trolley Car
· Go to Walmart	• Vísít Coít Tower
· Check email	· Cross Golden Gate Bridge
• Call mom	• Photograph the Painted Ladies
• Check tire pressure	• Day tríp north to Muír Woods
THINGS TO TELL MOM	
• I love her	
• Feed the bearded dragon	
· Check my mail	
 Look around for my teddy bear 	
WHEN I GET INTERNET	
• Check email	
• Post photos to Facebook	
• Pay gas bill	
• Post #vanlife Instagram photo	
•update the blog	
·Research day trips near Portland	

SHOPPING LIST

SHOPPING LIST

WALMART	HOME DEPOT
• Paper towels	· Bungee cords
• Wet wipes	•1/4" plywood
• Tape measure	• New spray bottle
• Vítamíns	
• Clif Bars	
GROCERY STORE	
• Bread	
· 2 cans of green beans	
• Cornbread mix	
• Avocados	
• Oranges	
• Small thing of honey	
• Giant Reese's	
• Ice cream	
• Pie	
• Beefjerky	
• Chorizo	
• Fried rice seasoning	
• Tortillas	

NOTES	



Vídeo Edíting Steps

 Create a new folder on the video folder. Copy all video from the SD card into the new folder. Open up Premiere Pro.
3. Open up Premiere Pro.
4. Import vídeo clíps ínto Premiere Pro.
5. Watch through all of the clips and get rid of the ones 1 don't need.
6. Start putting the clips together and trimming them as necessary.
7. Add transitions between the clips.
8. Add the front title and any other annotations.
9. Add the watermark.
10. Find a song to use and download it.
11. Download song file to the project folder.
12. Import song into Premiere Pro.
13. Insert song and clip it to length where necessary.
14. Watch through entire video from beginning to end.
15. Make any necessary changes to the video.
16. Watch through the video again.
17. Export the video.
18. Watch through the exported video to make sure it looks good.
19. Create thumbnail for the video.
20. Go to YouTube.com.
21. Sígn ín.
22. upload video.
23. Write title, description, keywords, etc.
24. Publish video.
25. Write blog post and embed video.
26. Profit \$\$\$\$\$
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25. Write blog post and embed video. 26. Profit \$\$\$\$\$ Profit \$\$\$\$\$ Another notes page and embed video. (This is another neading.) one where everything.) one where heading.
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LOCATION NOTES

Location
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Locatio	n Rockville, utah
Notes	Pretty and quaint little town. Last town before Springdale. Boulders in people's
	backyards. Lots of older stone houses. Great place for a vacation house?
Locatio	on Virgin, utah
Notes	Not much in town itself, but a great starting off point for enjoying Zion
	National Park. One book store, a church, a post office. Camped on BLM
	Land just south of town.
Locatio	on La Verkín and Hurricane, Utah
	Both are just a few minutes apart from each other. Hurricane has everything:
1 10103	library, Taco Bell, Domino's, Pizza Hut, etc.
	Not as quaint as Rockville, Springdale, or even Virgin.
	on Mesquite, Nevada Dídn't like it. Casinos are gross. Lots of older people. Pretty location.
Locatio	n Littlefield, Arizona
Notes	Super cool location at the mouth of the Virgin River Gorge. Good little restaurant
	on Maín Street.
Locatio	on Zion National Park
Notes	Incredible. Hiked Observation Point and Angels Landing. Vehicular traffic
	through Zion Canyon proper restricted except for during the winter months.
	Check out the Koloh Canyons section on the next trip

WEEK AT A GLANCE

MONDAY	TUESDAY	WEDNESDAY
FRIDAY	SATURDAY	NOTES

WEEK AT A GLANCE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
Drive down to Zion National Park. Camp near Virgin.	Explore Zion. Observation Point hike? Angels Landing hike?	Drive into St. George and get some work done at the Starbucks there. Camp near Little Black Mountain.	Glitter Mountain Coral Pink Sand Dunes Grocery shopping
THURSDAY	FRIDAY	SATURDAY	NOTES
Gold But	te Natíonal Mo	nument	• Call Dean • upload video • Jiffy Lube
			number: 805-972-6845

MONTH AT A GLANCE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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MONTH AT A GLANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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	Zion	National	Park	_	
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